

RAMS

**ROCKIN' AGAINST
MULTIPLE SCLEROSIS**

2021 RULE BOOK

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CANNING WEEKEND

FEBRUARY 11-13 • COLUMBIA COMMUNITY

POINT BREAKDOWN

100 points possible

- 12 people from each organization for 3 total shifts

DEDUCTIONS

-33 points for each missed shift

SERVICE DAY

FEBRUARY 13 • COLUMBIA COMMUNITY

POINT BREAKDOWN

100 points possible

- each organization must send 4 people to receive full points

DEDUCTIONS

-25 points if anyone is late to check-in

-25 points for each person absent

ALUMINUM CAN DRIVE

FEBRUARY 12-14 • STEERCO WILL PICKUP

Start collecting aluminum cans now! Although the official dates for the drive are February 12-14, our steering committee is willing to pick up cans from your organization at any time!

BONUS POINTS

- 5 bonus points available for every 5 pounds of cans collected.

AMAZING RACE

FEBRUARY 20 • VIRTUAL

POINT BREAKDOWN

50 points possible

- 2 teams of 6 people from each organization (subject to change)

PARTICIPATION POINTS

30% > attendance	50 points
10-29% attendance	30 points
< 10% attendance	10 points

RUNNIN' AGAINST MULTIPLE SCLEROSIS 5K

FEBRUARY 6 • VIRTUAL

POINT BREAKDOWN

75 points possible

- 15 members of the organization must attend to receive full points

ESCAPE ROOM

FEBRUARY 15-17 • BREAKOUT COMO

POINT BREAKDOWN

75 points possible

- 2 teams of 6 people from each organization (subject to change)

BONUS POINTS

first place	+25 points
second place	+15 points
third place	+10 points
no show	+0 points

DEDUCTIONS

- 25 points for checking in only one of the teams
- 10 points if late

TRIVIA NIGHT

FEBRUARY 10 • HARPOS

POINT BREAKDOWN

75 points possible

- 2 teams of 6 people from each organization

BONUS POINTS

first place	+25 points
second place	+15 points
third place	+10 points
no show	+0 points

DEDUCTIONS

- 25 points for checking in only one of the teams
- 10 points if late

CORNHOLE

FEBRUARY 18 • 7-11 P.M. • BURR OAK

POINT BREAKDOWN

75 points possible

- 2 teams of 6-8 people from each organization

BONUS POINTS

first place	+20 points
second place	+10 points
third place	+10 points
no show	+0 points

DEDUCTIONS

- 25 points for checking in only one of the teams
- 10 points if late

ROCK-IT

FEBRUARY 15 • TIK TOK

* MUST HAVE ATTENDED SERVICE DAY TO BE ELIGIBLE

POINT BREAKDOWN

125 points possible

- all 3 videos are due February 15 to mizzouramsrockit@gmail.com

CATEGORIES

Informative: Make a TikTok that will educate and inform the Mizzou and TikTok community about MS. Strive for originality and creativity.

Trending: Organizations will perform an assigned TikTok trend.

Dance: Organizations will coreograph a dance and a unique way to display the dance over TikTok.

Winners will be chosen based on the following criteria: relevance to topics given, creativity, and style.

BONUS POINTS

first place	+30 points
second place	+20 points
third place	+10 points

* ANYTHING INAPPROPRIATE WILL RESULT IN AUTOMATIC DISQUALIFICATION

* VIDEOS WILL BE JUDGED AND WINNERS WILL BE ANNOUNCED ON FEBRUARY 28

PROFIT SHARES

JANUARY 25-28 • COLUMBIA COMMUNITY

POINT BREAKDOWN

50 points possible

- at least 30% of the organization must attend at least one of the profit shares to receive full points

ATTENDANCE POINTS

30% > attendance	50 points
10-29% attendance	30 points
< 10% attendance	10 points

SPONSORS

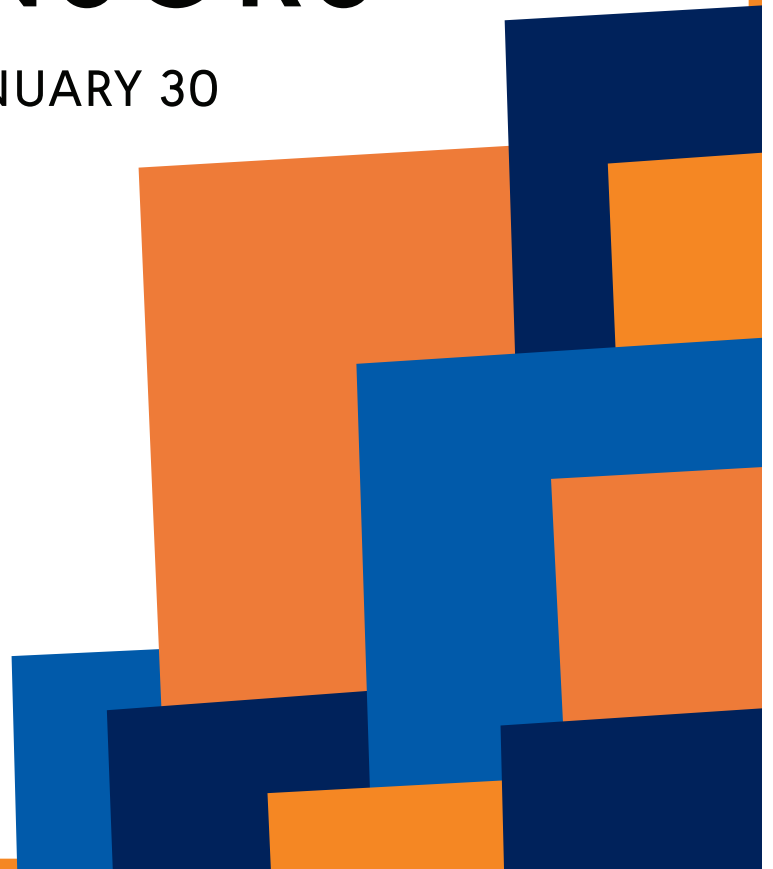
DUE JANUARY 30

POINT BREAKDOWN

30 **BONUS** points possible

SPONSORSHIP LEVELS

gold (\$1000+)	+30 points
silver (\$750+)	+20 points
bronze (\$500+)	+10 points



BANNERS

FEBRUARY 21 • BY 5 P.M.

POINT BREAKDOWN

20 points possible

- organizations will receive 20 points just for participating

BONUS POINTS

first place		+15 points
second place		+10 points
third place		+5 points

DEDUCTIONS

-5 points for hanging up banner late

MERCHANDISE

POINT BREAKDOWN

75 points possible

- at least 20% of the organization must purchase merchandise to receive full points

PURCHASE POINTS

20% > purchase		75 points
10-19% purchase		50 points
< 10% purchase		25 points

BONUS POINTS

every additional 5% | +5 points

GOFUNDME

POINT BREAKDOWN

100 points possible

- fundraising goals are dependent on size of organization

GOALS

0-50 members	\$250 goal
51-100 members	\$500 goal
101-200 members	\$750 goal
201-300 members	\$1000 goal

FUNDRAISING POINTS

75% > of goal	100 points
50-74% of goal	75 points
25-49% of goal	50 points
10-24% of goal	25 points
< 10% of goal	10 points

BONUS POINTS

every additional \$100 raised | +5 points

LIAISON ATTENDANCE

POINT BREAKDOWN

15 points possible

BONUS POINTS

perfect attendance | +5 points

DEDUCTIONS

-3 points for each meeting missed

* IF LIAISONS MISS 4+ MEETINGS, THEIR ORGANIZATION WILL NOT BE ELIGIBLE TO PARTICIPATE IN ROCK-IT FINALS. IF LIAISONS ARE UNABLE TO ATTEND A MEETING, THEY MUST SEND AN EXCUSE TO rockinagainstms@gmail.com

NEED HELP? CONTACT US

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